

Western Region Policies and Procedures 2016 – 2017

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Western Region Awards

Kyle Warren Memorial Trophy

The Kyle Warren Memorial Trophy is awarded each year to the top junior Western Region male and female based on old World Cup points earned in the Western Region Elite FIS. The scoring system will be similar to that used for quota team selection. The score in a single event is the sum of the racer's four highest result points scored. Racers' standings will be determined by adding together their point totals in each discipline.

Kyle Warren of Big Bear Lake, California, was a nationally ranked downhill racer and top in his age group when he lost his life in a tragic automobile accident. During his career, Kyle raced for the Big Bear Ski Club and the Sun Valley Ski Team. The Kyle Warren Memorial Trophy was conceived to honor Kyle's memory, and to give recognition to the top junior competitors in the Western Region each season.

	Women	Men
2015-2016	Haley Cutler	Alex Birkner
2014-15	Teagen Palmer	Ty Sprock
2013-14	Madeline Johnson/Samantha Busby	Erik Arvidsson
2012-13	Jacqueline Wiles	Sam Dupratt
2011-12	Jacqueline Wiles	Sam Dupratt
2010-11	Sydney Staples	Mark Engel
2009-10	Brooke Wales	Mark Engel
2008-09	Rose Caston	Keith Moffat
2007-08	Geordie Lonza	Miles Fink-Debray
2006-07	Lauren Eder	Andy Phillips
2005-06	Amy Harris	Shane Collins
2004-05	Katie Lyons	Arman Serabrakian
2003-04	Megan McJames	Tim Jitloff
2002-03	Jilyne McDonald	Jacob Dudek
2001-02	Anna Kelly	Todd Ligare
2000-01	Gretchen Glaser	Todd Ligare
1999-00	Crystal Wright	Jason Foster
1998-99	April Mancuso	Robert Saunders
1997-98	April Mancuso	Mike Prado
1996-97	Sabrina Lawrence	Brian Friedman
1995-96	Jonna Mendes	Scott McCartney
1994-95	Jonna Mendes	Justin Johnson
1993-94	Liz Watkins	Christian Questad
1992-93	Kjersti Bjorn-Roli	Michael Reed
1991-92	Shana Sweitzer	Jeremiah Thompson
1990-91	Lisl Hager	Tyler Ferris
1989-90	Christl Hager	David Kong
1988-89	Stephanie Palmer	Skip Merrick
1987-88	Picabo Street	Tommy Moe
1986-87	Heidi Scheiblehner	Reggie Crist
1985-86	Kristin Krone	Toni Standteiner
1984-85	Heidi Dahlgren	Greg Norton

2015-2016 Kyle Warren Event Champions

	Women	Men
Slalom	Jessica Reinhart	Gray Larson
GS	Jessica Reinhart	Andrew Miller
SG	Haley Cutler	Luke Mathers

Western Region Champions

The Western Region FIS Series' Champions titles are awarded annually to the top male and female participants based on old World Cup points earned in the Western Region Elite FIS Series. Individual event scores are the sum of the four best results scored using the Old World Cup scoring method. The overall score is achieved by summing the racer's four result scores for all four disciplines.

	Women	Men
2015-2016	Haley Cutler	Andraz Reich-Pogladic
2014-2015	Sofija Novoselic	Andy Trow
2013-2014	Samantha Busby	Erik Arvidsson
2012-2013	Anna Kobal	Thomas Biesemeyer
2011-2012	Jacqueline Wiles	Bryce Bennett
2010-2011	Sydney Staples	Mark Engel
2009-2010	Stacey Cook	Miles Fink-Debray
2008-2009	Stacey Cook	Jared Goldberg
2007-2008	Angel Collinson	Ryan Wilson
2006-2007	Hailey Duke	Will Brandenburg
2005-2006	Jennifer Van Wagner	Robin Sarchett
2004-2005	Katie Lyons	Carl Rixon
2003-2004	Caitlin Ciccone	Jesse Marshall
2002-2003	Gretchen Glaser	Jacob Dudek
2001-2002	Gretchen Glaser	Rune Nielson
2000-2001	Gretchen Glaser	Justin Johnson
1999-2000	Katerina Tichy	Rune Nielson
1998-99	April Mancuso	Marco Sullivan
1997-98	April Mancuso	Mike Prado
1996-97	Marcella Biondi	Uros Pavovcic
1995-96	Jonna Mendes	Uros Pavovcic
1994-95	Anik Demers	V.T. Hernandez
1993-94	Amber Guaraglia	Michael Reed
1992-93	Amber Guaraglia	Spencer Eccles
1991-92	Shana Sweitzer	Toni Standteiner
1990-91	Lisl Hager	Karl Fritz Schlopy
1989-90	Christl Hager	Tim Hanson
1988-89	Julie Parisian	Kyle Rasmussen

2015-2016 Western Region Event Champions

	Women	Men
Slalom	Anne-Solene Bergou	Jonas Nyberg
GS	Jessica Reinhart	Andraz Reich-Pogladic
SG	Haley Cutler	Luke Mathers

Western Region FIS Calendar and Championships 2016 - 2017

November 14 - 19, 2016	U19 NPS Vail, CO	M 2GS/2SL
December 4 - 10, 2016	U16 NPS Beaver Creek, CO	M&L 2GS/2SG
December 8 - 11, 2016	Open FIS Series Mammoth Mountain, CA	M&L 2GS/2SL
December 10 - 13, 2016	Open FIS Series Snowbird, UT	M&L 2GS/2SL
January 7 - 9, 2017	RMISA FISU Big Sky, MT	M&L 2GS/SL
January 8 - 13, 2017	U19 NPS Waterville, NH	M 2GS/2SL
January 12 - 14, 2017	RMISA FISU Snowbasin, UT	M&L GS/2SL
January 17 - 20, 2017	Elite FIS Tech Series Squaw Valley, CA	M&L 2GS/2SL
January 17-20, 2017	U16 NPS Burke Mtn. VT	M&L 2GS/2SL
January 25 - 28, 2017	RMISA FISU Alyeska, AK	M&L 2GS/2SL
January 27 - Feb 2, 2017	Open FIS Speed Series Schweitzer, ID	M&L 2DH/2SG/2GS
February 8 - 17, 2017	Western Region U16 Europe Project, Zegreb	M&L
February 12 - 17, 2017	U19 NPS Copper Mtn., CO	M 3SG
February 19 - 22, 2017	Wild West Classic Open FIS Snow King, WY	M&L 2GS/SL
March 9 - 14, 2017	West Reg JR Champs NJR Schweitzer, ID	M&L 2SG/2GS/2SL
March 10 - 11, 2017	FIS World Cup Squaw Valley, CA	L GS/SL
March 10-14, 2017	U16 NPS Squaw Valley, CA	M&L 2GS/2SL
March 16 - 19, 2017	WR U14 JR Champs Alpine Meadows, CA	M&L SG/GS/SL/SQ
March 16 - 19, 2017	WR U16 JR Champs Big Sky, MT	M&L SG/GS/SL/SQ
March 23 - 26, 2017	Open FIS Series Sun Valley, ID	M&L 2GS/2SL
March 23 - 26, 2017	Open FIS Series Mission Ridge, WA	M&L 2GS/2SL
March 24 - 28, 2017	U.S. Alpine Championship Sugarloaf, ME	M&L SG/GS/SL
March 29 - 30, 2017	U.S. Junior Championship NJR Sugarloaf, ME	M&L GS/SL
March 31 - April 4, 2017	U16 National Championship Sugarloaf, ME	M&L SG/GS/SL/SQ
April 3 - 8, 2017	WR Elite Spring Series Mammoth Mtn. CA	M&L 2SG/2GS/2SL
April 11 - 16, 2017	WR Spring Speed Series Mammoth Mtn. CA	M&L 2DH/2SG
April 11 - 16 2017	U16 Spring Speed Series Mammoth Mtn. CA	M&L 2DH/2SG

USSA National Events 2016 - 2017

National and Regional Quotas

Regions quota = *per region*

	NTSM			
	USST	SR	JR	Devo
Nor Ams	20	10	10	20
	20	20		20

	USST	World JR Team	Top 100 World Rank					
				Uni	NorAm	U19 NPS	Regions	Devo
U.S. Alpine Championships	All	All	All	10	9	n/a	12	<=10
	All	All	All	13	9	9	14	<=10
U.S. Junior Championships	W/M All U21 & U19 athletes attending Alpine Champs						5	<=10

	NTSM			Regions	USSA
	1998	1999	2000	U19	U21
U19 NPS - Project	20		10	5	5
	10		5	5	
U19 NPS - Race (additional)	30				10

	NTG	NTSM	Regions	Devo
U16 NPS	All	9	4	<=3
	All	9	4	<=3

	Regions		Regions		Regions
	2001	2002	2001	2002	2003- 04
U16 National Championships	3	3	5		<=3
	3	3	5		<=3

Western Region Events 2016 - 2017

Divisional Quotas and Automatics

		AK	FW	IMD	ND	PNSA	Autos	Total
Western Region Elite FIS Series Tech Series & Spring Series	Women	4	10	14	4	8	40	80
	Men	4	10	13	4	9	40	80
Western Region Open FIS 2 Speed Series & Wild West	Women	10	35	35	10	25		115
	Men	10	35	35	10	25		115
Western Region Open FIS December & March Blocks (1)							Host Div	
	Women	10	25	25	10	25	50	95
	Men	10	25	25	10	25	50	95
Western Region JR Champs Schweitzer Mtn.	Women	4	24	24	6	18		76
	Men	4	28	35	5	22		94
Western Region U16 Champs Big Sky	Women	4	33	32	5	16		90
	Men	6	28	26	4	16		80
Western Region U14 Champs Alpine Meadows	Women	4	18	18	5	12		57
	Men	4	17	26	5	11		63

(1) Athletes from a host division must race in division. A host division acquires the other host division's quota.

		DH	SL	GS	SG
Elite Series Automatics USSA Cut-off Points	Women	160.18	66.03	59.93	68.73
	Men	96.60	57.22	47.79	73.47

Western Region FIS Automatics 2016 - 2017

Ladies

1	Bickert, Maia	16	James, Daphne	31	Samuels, Lauren
2	Bracy, Carina	17	Kennedy, Erica	32	Smith, Erin
3	Brown, Cheyenne	18	Koprucki, Elizabeth	33	Smith, Kathleen
4	Campbell, Halle	19	Lebel, Maureen	34	Standteiner, Tenaya
5	Chahine, Julia	20	Lodmell, Ashley	35	Thomas, Claire
6	Cooley, Skylar	21	Marden, Ruby	36	Townshend, Charlotte
7	Cutler, Haley	22	Martin, Ellie	37	West, Hannah
8	Danagher, Sinead	23	McCormick, Erika	38	Wilkinson, Alix
9	Dingman, Megan	24	McJames, Megan	39	Wright, Isabella
10	Driller, Tenaya	25	Miller, Kyla	40	Yubero, Sofia
11	English, Francesca	26	Norton, Nikita		
12	Glasgow, Sommer	27	Ostergren, Madison		
13	Hansen, Annika	28	Parke, Juliette		
14	Hanson, Kate	29	Rathfon, Katelyn		
15	Hensien, Katie	30	Rheinschild, Sage		

Men

1	Birkner, Alexander	16	Griffith, Ian	31	Norton, Hughston
2	Black, Garrett	17	Haferman, Eric	32	Norton, Payton
3	Brazerol, Dominik	18	Hall, Max	33	Rodarte, Luke
4	Calvin, Barrett	19	Keith, Jacob	34	Snyder, Will
5	Cashman, Jordan	20	Knorpp, Griffin	35	Sprock, Ty
6	Colby, Alex	21	Kofoed, Spencer	36	Sullivan, Bridger
7	Crist, Spencer	22	Larsen, Gray	37	Terjeson, Hayden
8	Curtis, Griffin	23	Lujan, Tanner	38	Wilson, Calvin
9	Davidson, Brian	24	Mathers, Luke	39	Winters, Luke
10	Dvoracek Addison	25	Maxwell, Trevor	40	Wright, Bronson
11	Elder, Andrew	26	Mcclure, Yuri		
12	Estrella, Michael	27	McDonald, Conor		
13	Fitzgerald, Jay	28	McGrath, Scott		
14	Fontaine, Nicholas	29	Miller, Andrew		
15	Fuller, Duncan	30	Moe-Lange, Peter		

Elite Series Automatics
USSA Cut-off Points

	DH	SL	GS	SG
Women	160.18	66.03	59.93	68.73
Men	96.60	57.22	47.79	73.47

Western Region U14 & U16 Junior Championships 2017 Divisional Seeding Chart

Western Region U14 Junior Championship

WOMEN	Quota	1st seed	2nd seed	3rd seed	4th seed	5th seed	Total
AK	4	1	1	1	1		4
FW	18	4	4	4	3	3	18
IMD	18	4	4	4	3	3	18
ND	5	1	1	1	1	1	5
PNSA	12	3	3	2	2	2	12
Total	57	13	13	12	10	9	57

MEN	Quota	1st seed	2nd seed	3rd seed	4th seed	5th seed	Total
AK	4	1	1	1	1		4
FW	17	4	4	3	3	3	17
IMD	26	6	5	5	5	5	26
ND	5	1	1	1	1	1	5
PNSA	11	3	2	2	2	2	11
Total	63	15	13	12	12	11	63

Western Region U16 Junior Championship

WOMEN	Quota	1st seed	2nd seed	3rd seed	4th seed	5th seed	Total
AK	4	1	1	1	1		4
FW	33	7	7	7	6	6	33
IMD	32	7	7	6	6	6	32
ND	5	1	1	1	1	1	5
PNSA	16	4	3	3	3	3	16
Total	90	20	19	18	17	16	90

MEN	Quota	1st seed	2nd seed	3rd seed	4th seed	5th seed	Total
AK	6	2	1	1	1	1	6
FW	28	6	6	6	5	5	28
IMD	26	6	5	5	5	5	26
ND	4	1	1	1	1		4
PNSA	16	4	3	3	3	3	16
Total	80	19	16	16	15	14	80

2017 Western Elite Ski Team

W.E.S.T Team

Women		Men	
Maia Bickert	MMST	Alexander Birkner	CVST
Haley Cutler	SVSEF	Jordan Cashman	DPST
Francesca English	DPST	Alex Colby	MMST
Katie Hensien	RM	Brian Davidson	MRST
Maureen Lebel	MMST	Yuri McClure	SVSEF
Megan McJames	WR	Luke Rodarte	TCRA
Juliette Park	PCST		
Erin Smith	SVSEF		
Tenaya Standteiner	FarWest		
Claire Thomas	PCST		
Charlotte Townsend	PCST		
Kaitlyn Vesterstein	RM		
Hannah West	RM		
Sophia Yubero	RM		

2018 WEST Team Criteria - Women

Up to 6 athletes will be objectively selected according to age-group criteria. 2 or more athletes will be named on discretion, for a team size of approximately 8 athletes.

1997	1998	1999	2000	2001
Up to 1 athlete objectively selected from the following criteria	Up to 4 athletes objectively selected from the following criteria			Up to 1 athlete objectively selected from the following criteria

1	World Jr Champs		Member of the U.S. World Junior Championship Team		
2	NorAm QRP		1 top 5 and 2 top 10 USA results in SL, GS or SG, within 8% of winning time	2 top 5 QRP by YOB in SL, GS or SP	
3	US Alpine NC		Top 10 US result and within 8% of winner in SL, GS or SG	Top 15 US result and within 8% of winner in SL, GS or SG	Top 20 US result and within 10% of winner in SL, GS or SG
4	US NJC		1 top 3 or 2 top 5 in SL, GS or SG	1 top 3 U19 or 2 top 5 U19 in SL, GS or SG	1 top 5 U19 or 2 top 10 U19 in SL, GS or SG
5	WR Spring Series		Top 3 Elite Spring Series result in SL, GS or SG		
6	Kyle Warren Memorial		Any discipline winner of the Kyle Warren Memorial		
7	U16 NC				
8	USSA Pt Rank		1 top 3 YOB rank in any event and 1 top 5 YOB rank in SL, GS or SG		
9	USST Athletes		Past and current members of USST A, B, C or D teams who remain active FIS racers in Western Region will continue to be recognized as honorary members of W.E.S.T.		

Ineligibility: Individuals will not be considered for the regional team who:

- 1 Are members of college teams pursuing titles outside of the USSA/USST track to the national teams
- 2 Did not attend the Western Region fall and spring Conditioning assessment project
- 3 Have USSA or FIS ranking profiles that are ascending in multiple disciplines
- 4 Have an imposed and upheld disciplinary suspension, sanction, or probation for a USSA code of conduct violation within the past 24 months.

2018 WEST Team Criteria - Men

Up to 6 athletes will be objectively selected according to age-group criteria. 2 or more athletes will be named on discretion, for a team size of approximately 8 athletes.

		1997	1998	1999	2000	2001	
		Up to 2 athletes objectively selected from the following criteria		Up to 3 athletes objectively selected from the following criteria		Up to 1 athlete objectively selected from the following criteria	
1	World Jr Champs	Member of the U.S. World Junior Championship Team					
2	NorAm QRP	1 top 5 QRP and 1 top 10 QRP by YOB in SL, GS or SP	2 top 10 QRP by YOB in SL, GS or SP	1 top 10 QRP by YOB in SL, GS or SP			
3	US Alpine NC	Top 15 US athlete and within 8% of winning time in SL, GS or SG	Top 25 US athlete and within 10% of winning time in SL, GS or SG				
4	U19 NPS		1 top 5 QRP and 1 top 10 QRP by YOB in SL, GS or SG	1 top 5 QRP or 2 top 10 QRP by YOB in SL, GS or SG			
5	US NJC	1 top 3 or 2 top 5 in SL, GS or SG	1 top 3 U19 or 2 top 5 U19 in SL, GS or SG	1 top 5 or 2 top 10 U19 in SL, GS or SG			
6	WR Spring Series	Top 3 Elite Spring Series result in SL, GS or SG					
7	Kyle Warren Memorial	Any discipline winner of the Kyle Warren Memorial					
8	U16 NC						1 win or 2 top 5 in SL, GS or SG; and top 30% in Skillsquest
9	USSA Pt Rank	1 top 5 YOB rank in any event and 1 top 10 YOB rank in SL, GS, or SG		1 top 5 YOB rank in any event or 2 top 10 YOB rank in SL, GS or SG		1 top 3 YOB rank in SL or GS	
10	USST Athletes	Past and current members of USST A, B, C or D teams who remain active FIS racers in Western Region will continue to be recognized as honorary members of W.E.S.T.					

Ineligibility: Individuals will not be considered for the regional team who:

- 1 Are members of college teams pursuing titles outside of the USSA/USST track to the national teams
- 2 Did not attend the Western Region fall and spring Conditioning assessment project
- 3 Have USSA or FIS ranking profiles that are ascending in multiple disciplines
- 4 Have an imposed and upheld disciplinary suspension, sanction, or probation for a USSA code of conduct violation within the past 24 months.

2018 U19 RTG Criteria - Ladies and Men

A Regional Training Group will be selected from the following criteria plus development requests from western clubs. RTG athletes will be invited to Western Region projects, ranked by an NTSM selection board for each project, according to regional policy. Athletes must be members of a Western Region program the coming season.

	YOB	1997	1998	1999	2000	2001
1	W.E.S.T. Team	Athletes objectively qualified for the W.E.S.T. Team are automatic members of the Western Region RTG				
2	US Alpine NC			Western Region athletes competing at the U.S. Alpine National Championships		
3	US Alpine NJC			1 top 20 U19 result in SL, GS or SG		
4	WR Junior Champs			1 top 5 result in SL, GS or SG		
5	U16 NC					1 top 15 result in SL, GS or SG

2018 U16 RTG Criteria - Ladies and Men

A Regional Training Group will be selected from the following criteria plus development requests from western clubs. U16 RTG athletes will be invited to Western Region projects, ranked by counting best 2 WC Pt results from the regional championship by YOB, according to regional policy. Athletes must be members of a Western Region program the coming season. Foreign licensed athletes actively participating on western teams will be included.

	YOB	2002	2003			
1	WR U16 JR Champs	A top 20 result in SL, GS or SG; and top 30% of Skills Quest				
2	WR U14 JR Champs		A top 15 result in SL, GS or SG; and top 30% in Skills Quest			



USSA Western Region Alpine

2016-2017 Team Agreement

Team Rules

Members of USSA teams attending competitions on the national quota, traveling with or as part of a competition trip organized by the USSA Western Region staff, or attending any training camp or project as part of a USSA group are required to abide by the USSA Code of Conduct.

Additionally, team members agree to:

- Pay in full the project fee before the first day of arrival of the project, unless a payment plan is worked out at the time that the team is named;
- Fully participate in the organized accommodations;
- Attend all team meetings and training activities on time and fully prepared;
- Observe any curfew established by the coaching staff;
- Not use or possess illegal drugs;
- Not illegally use or possess alcohol;
- Not use or possess alcohol in the team accommodations, the team vehicles, or in the presence of team members who are not of legal age;
- Reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility;
- Observe any additional rules established by the head coach of the project
- Be filmed and photographed and to have his/her image and voice otherwise recorded in any media by the USSA's official photographer(s), film crew(s), and video crew(s) and by any other entity authorized by USSA and grants to USSA the irrevocable, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, athlete name, likeness, picture, voice, and biographical information for: (1) news and information purposes; (2) promotion of USSA and the specific competitions in which athlete competes; (3) promotion of USSA through its fundraising mission; and (4) to support USSA's educational and philanthropic efforts through the production of educational and training videos, DVDs and other media.

Violations of these rules may result in suspension from the team and in loss of the opportunity to participate in future teams or quota team preparation or competition projects.

Agreement

I, the undersigned USSA competitor, have reviewed these rules and the "USSA Code of Conduct," and agree to abide by it and all applicable rules and procedures during my participation in any national training or competition project during the current season. I agree that a violation of the rules may result in my immediate suspension from a team, and in the loss of all team services including representation at team captains' and jury meetings, training, housing, meals, and transportation. I realize that I will receive no refund for the unused portion of these services. If suspended, I will be prepared to make whatever arrangements are necessary in order to continue to compete in the event and/or return home. I realize that actions that are violations of the law may result in my arrest and that it will be my responsibility in such a case to notify my parents or legal guardians and/or to make such arrangements as may be necessary for my release and return home. This agreement shall be valid for all projects in the 2015-2016 training and competition season.

Athletes under 18 years of age must have the following section signed by either parents or legal guardians, if applicable. We, the undersigned, parents or legal guardians of the above athlete, having read and understood the above, agree to allow our child to participate in USSA training or competition teams. We understand and agree that if our child violates these rules and procedures, s/he may be immediately suspended from the USSA project with the loss of all team services and without refund of fees paid. We agree that in any case where our child's actions result in his/her arrest, that sole responsibility for notifying us rests with our child and the local law enforcement officials, and that we, and not USSA or USSA Western Region, are solely responsible for such actions as may be required to secure his/her release and return home. This agreement shall be valid for all projects in the 2015-2016 training and competition season.

Athlete Signature _____ Athlete Name _____ Date _____

Parent or Guardian Signature _____ Date _____



**USSA Western Region Alpine
2016-2017 Hold Harmless and Indemnity Agreement**

For and in consideration of the provision of ski racing instruction and training by USSA, I _____ (“Athlete”), and if athlete is under the age of 18 years, the parents or legal guardians of athlete, do hereby covenant and agree on behalf of ourselves, to hold harmless, release, defend, and indemnify USSA and any of its employees, or volunteer workers of and from any and all claims arising from athletes participation in USSA Western Region events, including, but not limited to racing instruction, racing competition, or traveling to and from races or training camps. We specifically represent that we have read and have understood that this release is intended to serve as a general release of all legal claims against USSA and USSA Western Region Alpine, is to be construed as broadly as possible in favor of USSA, and releases USSA from all claims, including, but not limited to, those arising from the negligence of USSA itself.

Athlete Signature

Date

If Athlete is under the age of 18 years, a parent or legal guardian’s signature must be affixed here:

Parent or Guardian Signature

Date

USSA Insurance Policy

FIS and USSA rules require that competitors be covered by valid and sufficient accident insurance. The racer must carry proof of this insurance and have it available at each race or camp so that prompt medical care can be obtained, if ever needed.

Agreement

We have read and understood the insurance policy statement. The insurance policy listed on the Medical Release meets the requirements of the USSA Insurance Policy and will be maintained in force while the competitor is involved in a USSA camp or team or while participating in any event on a USSA quota. We agree that we are responsible for any and all medical charges and we agree that we will promptly reimburse USSA for any expenses that they or their coaches incur on behalf of the competitor.

Athlete Signature

Date

Parent or Guardian Signature

Date



Western Region USSA Competition Project Staff Agreement

I have reviewed the Western Region Coaching Program printed in the USSA Alpine Competition Guide and the Western Region Handbook, I and agree to complete my participation in the project listed below according to those policies. I particularly acknowledge that I am responsible for coaching all of the athletes in the project, agree that I follow the direction of the head coach, and agree that I will seek to provide support to the athletes in all areas of their participation in this project. Further, I agree to follow all other relevant rules of USSA and the FIS as related to conduct and professional behavior.

I am a current professional coach member, in good standing, of the United States Ski and Snowboard Association.

Membership# _____

I understand that by participating in this project I am not being employed by USSA Western Region, United States Ski and Snowboard Association, or any of the affiliated divisions of USSA.

Project: _____

Dates: _____

Signature: _____ Date: _____



[add link](#)

USSA Event Evaluation

Thank you for taking the time to give us your feedback; it will assist race organizers to better prepare for future events.

*** Required**

1. Event name *

2. Event location *

3. Event region*

- Eastern Region
- Rocky/Central Region
- Western Region
- Not sure

4. Event date* If you are presenting information on a specific day of a multi-day event, please also indicate the specific date.

5. Disciplines contested* *Check all that apply.*

- Downhill
- Super G
- Giant Slalom
- Slalom
- SkillsQuest
- Other:

6. Evaluator filling out the form* *Check all that apply.*

- Athlete
- Coach
- Parent
- Official
- Race Organizing Committee
- USSA staff member
- Other

7. Was the race announcement adequate?

- Yes
- No

Additional comments:

8. Was race registration and payment easy?

- Yes
- No

Additional comments:

9. Was the team captains' meeting effective?

- Yes
- No

Additional comments:

10. How was the organization during the race?

- Excellent
- Good
- Satisfactory
- Poor

Additional comments:

Were there any issues with the timing?

- No
- Yes

If yes, please explain.

11. How would you rate the course preparation?

- Excellent
- Good
- Satisfactory
- Poor

Additional comments:

12. How would you rate the awards ceremony?

- Excellent
- Good
- Satisfactory
- Poor

Additional comments:

14. Were there circumstances beyond the race organizers' control that affected this evaluation?

15. Comments: We would welcome any further feedback you would like to provide.

2017 Western Region Prep Calendar

	USSA	WR RTG	WR U16		USSA	WR RTG	WR U16		USSA	WR RTG	WR U16		USSA	WR RTG	WR U16	
1-May				1-Jun				1-Jul				1-Aug	National U19 SL/GS Project - New Zealand	Arrival	Arrival	
2-May				2-Jun				2-Jul				2-Aug		RTG SL Camp Mt. Hood	U16 SL Camp Mt. Hood	
3-May				3-Jun				3-Jul				3-Aug				
4-May				4-Jun				4-Jul				4-Aug				
5-May				5-Jun				5-Jul				5-Aug				
6-May				6-Jun				6-Jul				6-Aug				
7-May				7-Jun				7-Jul				7-Aug				
8-May				8-Jun				8-Jul				8-Aug			Arrival	
9-May				9-Jun				9-Jul				9-Aug			U14 (yob 2004) SL Camp - Mt. Hood	
10-May				10-Jun				10-Jul				10-Aug				
11-May				11-Jun				11-Jul				11-Aug				
12-May				12-Jun				12-Jul				12-Aug				
13-May		Arrival		13-Jun				13-Jul				13-Aug				
14-May		Tri-Regional U19 RTG - Mammoth		14-Jun				14-Jul				14-Aug				
15-May				15-Jun				15-Jul		Conditioning		15-Aug				
16-May				16-Jun				16-Jul				16-Aug				
17-May				17-Jun				17-Jul				17-Aug				
18-May				18-Jun				18-Jul				18-Aug				
19-May				19-Jun				19-Jul				19-Aug				
20-May				20-Jun				20-Jul				20-Aug				
21-May				21-Jun				21-Jul				21-Aug				
22-May				22-Jun				22-Jul				22-Aug				
23-May				Arrival	23-Jun	National U19 / U16 SL Project - Mt. Hood			23-Jul				23-Aug			
24-May			U16 Mammoth	24-Jun					24-Jul				24-Aug			
25-May				25-Jun						25-Jul				25-Aug		
26-May				26-Jun						26-Jul				26-Aug		
27-May				27-Jun						27-Jul				27-Aug		
28-May				28-Jun						28-Jul				28-Aug		
29-May					29-Jun				29-Jul				29-Aug			
30-May				30-Jun				30-Jul				30-Aug				
31-May								31-Jul				31-Aug				

2017 Western Region Prep Calendar

	USSA	WR RTG	WR U16		USSA	WR RTG	WR U16		USSA	WR RTG	WR U16	
1-Sep				1-Oct				1-Nov				
2-Sep				2-Oct				2-Nov				
3-Sep				3-Oct				3-Nov				
4-Sep				4-Oct		Depart		4-Nov				
5-Sep				5-Oct		WEST / RTG - Europe		5-Nov				
6-Sep				6-Oct				6-Nov				
7-Sep				7-Oct				7-Nov				
8-Sep				8-Oct				8-Nov	Arrival			
9-Sep		Depart		9-Oct				9-Nov	WEST / RTG Mammoth Camp			
10-Sep		Tri-Regional Speed Project - LaParva		10-Oct				10-Nov				
11-Sep				11-Oct				11-Nov				
12-Sep				12-Oct				12-Nov				
13-Sep				13-Oct				13-Nov				
14-Sep				14-Oct				14-Nov				
15-Sep				15-Oct	Conditioning			15-Nov				
16-Sep				16-Oct				16-Nov				
17-Sep				17-Oct				17-Nov				
18-Sep				18-Oct				18-Nov				
19-Sep				19-Oct				19-Nov				
20-Sep			20-Oct				20-Nov					
21-Sep			21-Oct				21-Nov					
22-Sep			22-Oct				22-Nov					
23-Sep		Return	23-Oct		Return		23-Nov					
24-Sep			24-Oct				24-Nov					
25-Sep			25-Oct				25-Nov					
26-Sep			26-Oct				26-Nov	National Prep Camp - Copper				
27-Sep			27-Oct				27-Nov					
28-Sep			28-Oct				28-Nov					
29-Sep			29-Oct				29-Nov					
30-Sep			30-Oct				30-Nov					
			31-Oct									

Alpine Equipment Regulations 2016-17

U19 and older

Description	Event	FIS	USSA
Ski length (minimum) Ski length measurement tolerance +/- 1cm **-5cm tolerance for FIS/ENL competition	DH Ladies	210 cm**	205 cm
	DH Men	218 cm**	205 cm
	SG Ladies	205 cm**	200 cm
	SG Men	210 cm**	200 cm
	GS Ladies	188 cm**	No rule
	GS Men	195 cm**	No rule
	SL Ladies	155 cm	155 cm
	SL Men	165 cm (155 cm for U17 men)	165 cm (155 cm for U19 men)
Radius (minimum)	DH Ladies	50 m	45 m
	DH Men	50 m	45 m
	SG Ladies	40 m	40 m
	SG Men	45 m	40 m
	GS Ladies	30 m	25 m <i>*2017-18: 30 m proposed</i>
	GS Men	35 m <i>*2017-18: 30 m</i>	30 m
	SL Ladies	No rule	No rule
	SL Men	No rule	No rule
Profile width in front of Binding	DH Ladies & Men	Maximum 95 mm	No rule
	SG Ladies & Men	Maximum 95 mm	No rule
	GS Ladies	Maximum 103 mm	No rule
	GS Men	Maximum 98 mm <i>*2017-18: Maximum 103 mm</i>	No rule
	SL Ladies & Men	No rule	No rule
Profile width under Binding	DH Ladies & Men	Maximum 65 mm	No rule
	SG Ladies & Men	Maximum 65 mm	No rule
	GS Ladies & Men	Maximum 65 mm	No rule
	SL Ladies & Men	Minimum 63 mm	Minimum 63 mm

Alpine Equipment Regulations 2016-17

U16

Description	Event	FIS	USSA
Ski length	DH Ladies & Men	No rule	Minimum 183 cm
	SG Ladies & Men	Minimum 183 cm	Minimum 183 cm
Ski length measurement tolerance +/- 1cm	GS Ladies & Men	Maximum 188 cm	No rule
	SL Ladies & Men	Minimum 130 cm	Minimum 130 cm
Radius (Minimum)	DH Ladies & Men	No rule	30 m
	SG Ladies & Men	30 m	30 m
	GS Ladies & Men	17 m	17 m
	SL Ladies & Men	No rule	No rule
Profile with under binding	SG Ladies & Men	Maximum 65 mm	No rule
	GS Ladies & Men	Maximum 65 mm	No rule

U14

Description	Event	FIS	USSA
Ski length	DH Ladies & Men	No rule	No rule
	SG Ladies & Men	No rule	No rule
Ski length measurement tolerance +/- 1cm	GS Ladies & Men	Maximum 188 cm	No rule
	SL Ladies & Men	Minimum 130 cm	Minimum 130 cm
Radius (Minimum)	DH Ladies & Men	No rule	17 m
	SG Ladies & Men	No rule	17 m
	GS Ladies & Men	17 m	17 m
	SL Ladies & Men	No rule	No rule
Profile with under binding	SG Ladies & Men	Maximum 65 mm	No rule
	GS Ladies & Men	Maximum 65 mm	No rule